



Vikings in Britain & Cumbria

Offered as a half-day session



Activity

Each of the activity sessions will be led by a representative from the Helena Thompson Museum.

Use researched resources see what effect the invading armies of the Vikings had on the district now known as Cumbria. After the Anglo Saxons, we look at how this group of invaders changed this period in history for 'Britain' and our area of Cumbria.

- Which towns have Viking Names?
- Do we still use any Viking words?
- Are there any games or sports still played now that the Vikings invented? How did the Vikings influence the local area?

The above topic will be explored using some of the following:-

craft, games such as a board game, snap, 'pairing cards', Viking bingo, a Workbook containing place names and a runes task, treasure hunt and quizzes.

During the day, each visiting group will be split into four to take part in activities; can we therefore please have at least four members of staff to accompany the group? Thank you.

Sessions are available from September to July (excluding November & December). Please telephone The Museum Manager, Tricia Poole on 01900 64040 for available dates and a copy of a more detailed information sheet.