



Anglo Saxons in Britain & Cumbria

Offered as a half-day session



Activity

Each of the activity sessions will be led by a representative from the Helena Thompson Museum.

Use researched resources, see what effect the invading armies of the Anglo Saxons had on the district now known as Cumbria.

We look at how this group of invaders changed this period in history for 'Britain' and our area of Cumbria.

- Which towns have Anglo Saxon Names?
- How did they live?
- How did the Anglo Saxons influence the local area?

Using games and quizzes:

- 'Pairing Cards'
- Find the names of towns and settlements task.
 - Britain and the 'old' region of Strathclyde, Rheged and Northumberland .
- Board game of 'Saxon Facts'.
- Saxon Treasure hunt.

During the day, each visiting group will be split into three or four to take part in activities, can we therefore please have at least four members of staff to accompany the group? Thank you.

Sessions are available from September to July (excluding November & December). Please telephone The Museum Manager, Tricia Poole on 01900 64040 for available dates and a copy of a more detailed information sheet.